



FEEDING WITH LOVE AND GOOD SENSE II DVD Parent Teacher's Guide

To the Teacher

Ellyn Satter's Feeding with Love and Good Sense II DVD (FWLGS II DVD) is the second edition of Ellyn Satter's videos about feeding children. It is a series of four 15- to 20-minute segments, each containing vignettes of five to ten families. Close-up footage of real parents and real children in their homes shows actual feeding situations and reveals what works and what doesn't with feeding. Parent volunteers represent a variety of ethnic groups and income levels. Vignettes may show families with problems, but they are not problem families. That is, they are within functional ranges socially and emotionally, they are capable of establishing and maintaining *Ellyn Satter's Division of Responsibility in Feeding* (sDOR), and they can and will correct their feeding errors with appropriate feedback and advice. (See the handout, *Ellyn Satter's Division of Responsibility in Feeding*.)

The *Parent Teacher's Guide* shows you how to creatively use the *FWLGS II DVD* vignettes in your individual and group work with parents. *To the Teacher* and each of the four lesson plans are intended to empower you to be an excellent leader of parent-centered education. The children lead you, and each teaches part of the story. The few handouts relate directly to the vignettes, and the **Leader notes** deepen your interpretation. As you master the material, you will find yourself thinking

on your feet and crafting the training to the needs of the group. In fact, you are likely to find that when you relax and let parents ask the questions that the material will be covered.

This *Parent Teacher's Guide* addresses stage-appropriate feeding and gives guidance for early problem solving. Instruction comes from observation of the vignettes and parent discussion and your elaborating on key points. Problem solving takes the form of early intervention: identifying approaches to feeding that are less than optimum and correcting those approaches. This *Parent Teacher's Guide* is not intended to solve established problems or treat specific issues around feeding such as growth distortion or entrenched struggles around feeding.

FWLGS DVD II and this *Parent Teacher's Guide* are produced to be accessible to parents from a variety of cultural backgrounds, and to those with limited literacy skills. To avoid awkward he/she construction in the *Parent Teacher's Guide*, children in segments one and three are referred to as *she*, in *To the Teacher* and segments two and four referred to as *he*.

Handouts may use either gender.

EMPOWER PARENTS TO FEED WELL

The theoretical basis of *Ellyn Satter's Feeding with Love and Good Sense II*