

# Ellyn Satter Institute (ESI) Affiliate/Associate Program

ESI Affiliates and Associates are pro bono positions. The Affiliates are essentially virtual interns who are working to:

- Solidify their understanding, mastery, and competency with respect to fdSatter and/or ecSatter,
- Gain confidence that their understanding and practice are consistent with ecSatter and fdSatter.
- 3. Demonstrate their mastery to ESI faculty members.

Associates are graduates of the Affiliates program who have demonstrated that mastery.

Both ESI Affiliate and Associate programs provide mentoring and credentialing for professionals trained in fdSatter and ecSatter. As such, the programs provide a system for establishing and maintaining a professional network of trust-based practitioners, preventing model entropy, maintaining quality control for professional practice, and developing list of ESI certified trust model practitioners.

## **Benefits for ESI Affiliates:**

- 1. Support of like-minded practitioners
- 2. Prestige by ESI affiliation.
- **3.** Credentials: Certification process to be determined after the Associate program is up and running for at least 2 years.

#### **Recruitment and costs**

Candidates for Affiliate (either stopping there or progressing to Associate) are selected from the self-identified candidate pool using an application process. ESI faculty, in consultation with Ellyn Satter, assess applications and

Affiliates are provided with approximately 40 hours of group and one-to-one mentoring, along with all materials (journal articles, forms, and guides). Affiliates will qualify for discounted fees for attending ESI workshops as well as completing ESI Continuing Education exams. Tuition for the 2016-2017 Affiliate class will be \$1000, payable in advance.<sup>1</sup>

# Qualification

Professionals can qualify for Affiliate status by familiarizing themselves with ecSatter and fdSatter and regularly applying the models in a practice or educational setting. Possibilities for gaining familiarity with the models include:

- 1. Attend a one-day Ellyn Satter or ESI workshop.
- 2. Complete the *Child of Mine* CEU test with a score of at least 80%.
- 3. Have attended the 3- or 4-day *Treating the Dieting Casualty* Visions training.
- 4. Have attended the 3- or 4-day *Feeding with Love and Good Sense* Visions training.
- 5. Working through the self-study guides.

#### **Affiliate application**

Having qualified, the Affiliate is accepted into the Affiliate program following evaluation of the application by ESI faculty members and Ellyn Satter. The application asks for contact information, education, and current and past employment. Then it asks five ~250 word essay questions addressing: the applicant's

- 1. Basis for interest in becoming an ESI Affiliate.
- 2. Previous study of fdSatter and ecSatter.
- 3. Experience with fdSatter and ecSatter.

identify candidates. There is an application fee of \$50.00.

<sup>&</sup>lt;sup>1</sup> Time payment plans are available.

**4.** Vision for applying fdSatter and ecSatter.

#### **Process**

- The program begins with training of the Affiliates.
- Each Affiliate group gets 3-4 hours per month of mentoring with ESI faculty member Inés Anchondo, other ESI faculty members or Associates, and experts affiliated with ESI.
- At the end of the year, trainees qualify for being credentialed as ESI Associates. The mentoring year will provide information about each Affiliate's mastery of the models and readiness to become an ESI Associate.

# **Associate qualification**

ESI Affiliates can qualify for Associate status by successfully completing a year of Affiliate mentoring, being nominated by the mentoring ESI faculty member, and demonstrating ecSatter and fdSatter mastery to ESI faculty members.

### **Associate application**

To progress to Associate status, Affiliates must reapply (essentially, fill out name, address, employment, etc). In addition to the five essays they wrote for the Affiliate application, they need to answer three 500-word essay questions addressing:

- 1. Their personal eating/feeding paradigm
- 2. Their contribution to fdSatter and ecSatter model dissemination
- 3. How their professional experience and the Affiliate program has prepared them to contribute to the work of ESI at an organizational level.

# Requirements to maintain Associate credential

This is a work in progress, one that Associates will help to define. Possibilities include:

- 1. Yearly dues of \$125.
- 2. Continue to master fdSatter and ecSatter through discussion and application.
- 3. Contribute in general to the ESI mission and vision.
- 4. Contribute to an ESI programming area that is a fit for interest and capability.
- 5. Participate in ESI journal club.
- 6. Present at ESI meeting every 3 to 5 years. We will offer remote presentation possibilities for those who live far away.
- 7. Procedure for recertification to be determined later. Every 5 years is a base.