

*Ellyn Satter's FEEDING IN PRIMARY CARE  
PREGNANCY THROUGH PRESCHOOL:  
Easy-to-read Reproducible Masters*

## FREQUENTLY ASKED QUESTIONS RECORD

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

<b>Title</b>	<b>Page</b>	<b>Date Given</b>
<b>Prenatal and Postpartum</b>		
Keeping food safe	8	
How do you stretch your food money?	9	
What you like can be good for you	10	
Fat in family meals	11	
Tuna noodle casserole	12	
Macaroni-tomato-hamburger casserole	13	
Are you a vegetarian? Is your child?	14	
If you or your child don't eat vegetables	15	
If you or your child don't drink milk	16	
How do you know how much to eat?	17	
Do you eat too much?	18	
Moving your body	19	
<b>Baby (newborn and infant)</b>		
What is your baby telling you?	27	
Your baby's temperament	28	
Is your baby too small? Does he not eat enough?	29	
Is your baby too big? Does she eat too much?	30	
Teaching your breastfed baby to take a bottle	31	
Feeding your prematurely born baby	32	
<b>Older Baby</b>		
Making your own baby food	44	
Feeding your prematurely born older baby	45	
<b>Almost Toddler, Toddler and Preschooler</b>		
Is your child too small? Does he not eat enough?	46	
Is your child too big? Does she eat too much?	47	
Feeding your prematurely born almost-toddler	48	
<b>Toddler and Preschooler</b>		
How to handle the picky eater	54	
What kind of parent will you be?	55	