

# From the Cook

- RULE 1** Food will be available at mealtime and snack-time. Other than that, the kitchen is closed.
- RULE 2** You do not have to eat anything you do not want to.
- RULE 3** You do have to say "yes, please," and "no, thank you."
- RULE 4** You will not say "yuck."
- RULE 5** There will always be bread, and you may eat as much of it as you want.
- RULE 6** When I make something new, I will also make something you generally enjoy.
- RULE 7** Sometimes I will make one person's favorite. Another time, someone else will get lucky.
- RULE 8** Any disputes will be settled by the cook.

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